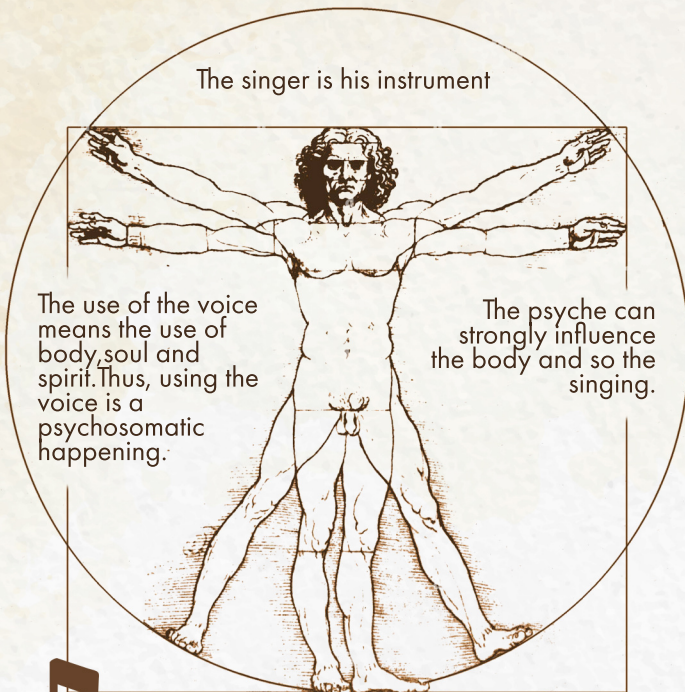


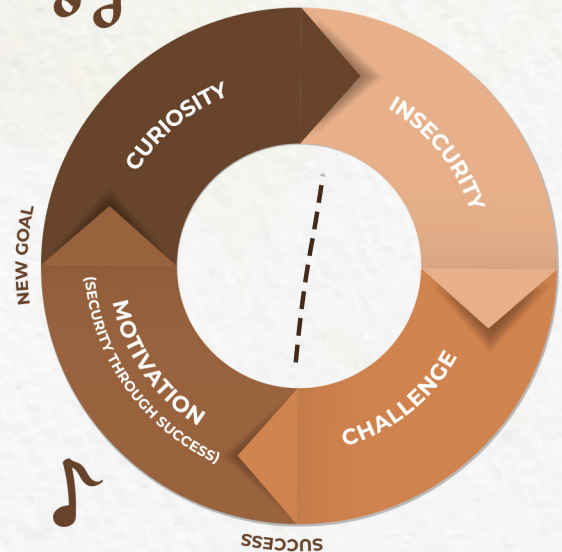
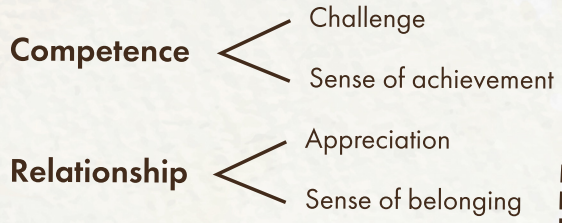
# Aspects of Motivational Psychology in Vocal Lessons



Motivation is an important aspect for continuing an activity

## Definition of motivation \*

IT SERVES AT LEAST ONE OF THE FOLLOWING BASIC NEEDS:



\*There are theories but no concrete definition of motivation (Hörmann)

## The role of motivation for singers

CLIFTON WARE DESCRIBES THE SINGING PROCESS AS FOLLOWS:

**A growing selfawareness that results from being attuned to the reservoir of mental emotional, and spiritual potential of one's mind and body when interacting with the external environment**

--> This discription is similar to the process of motivation

--> This underlines the importance of self awarenness and identity in both processes

### Insecurities:

- Physiology development of the voice
- The voice is a personal sound and criticism can feel more personal
- Acoustic perception differs and doubts in self assesment can grow

### Expectations of a singer:

- Convincing presentation
- Expression through body and sound
- Loud enough but still beautiful and free of pressure
- Open up emotionally in front of the audience

### Beginner: „My voice may sound terrible“

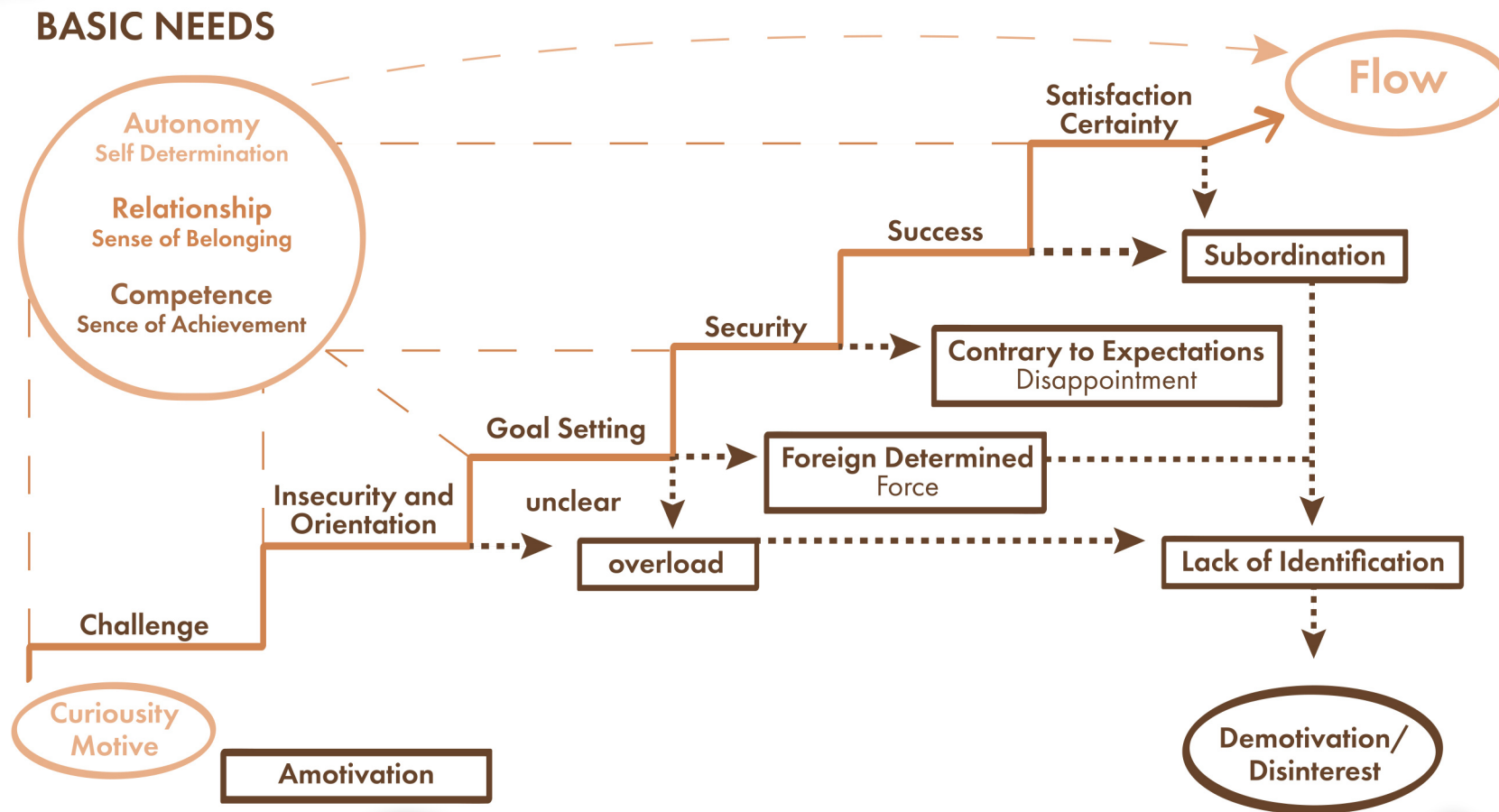
The first steps could be:

- Motivating by cheering and adding confidence.
- The intrinsic motivation is strong, thus showing possibilities to grow could be a very good first step.





# A summarizing diagram to show motivational processes in singing and instrumental lessons



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